

What to Bring to Camp Checklist



Use this list to help you pack your camper's luggage. Involving your camper in this process familiarizes him/her with what you are sending to camp. Some items are optional. What to bring to camp will depend on the length of stay and nature of the program. In some cases, there are specialty items that are mandatory for all campers. Please note these items carefully. All items brought to camp should be clearly marked with the camper's first and last name.



Lake Louise Summer Camp is not responsible for lost or damaged items.

Bedding

- | Packed | Brought Home |
|--|--------------------------|
| <input type="checkbox"/> Sleeping Bag / Bedding | <input type="checkbox"/> |
| <input type="checkbox"/> Fitted Sheet for Bunk Bed | <input type="checkbox"/> |
| <input type="checkbox"/> Pillow | <input type="checkbox"/> |

Clothing

- | Packed | Brought Home |
|---|--------------------------|
| <input type="checkbox"/> Underwear (daily change) | <input type="checkbox"/> |
| <input type="checkbox"/> Socks (daily change) | <input type="checkbox"/> |
| <input type="checkbox"/> Shorts | <input type="checkbox"/> |
| <input type="checkbox"/> Sweatshirt / Sweater / Fleece | <input type="checkbox"/> |
| <input type="checkbox"/> T-shirts (daily change) | <input type="checkbox"/> |
| <input type="checkbox"/> Jeans / Sweat Pants (2 pair) | <input type="checkbox"/> |
| <input type="checkbox"/> Long Sleeve Shirt | <input type="checkbox"/> |
| <input type="checkbox"/> Light Jacket / Coat | <input type="checkbox"/> |
| <input type="checkbox"/> Pajamas | <input type="checkbox"/> |
| <input type="checkbox"/> Swimsuit (prefer a modest style) | <input type="checkbox"/> |
| <input type="checkbox"/> 1 Pair Closed-toe Shoes | <input type="checkbox"/> |
| <input type="checkbox"/> Sandals / Shoes that can get wet | <input type="checkbox"/> |
| <input type="checkbox"/> Hat / Baseball Cap | <input type="checkbox"/> |
| <input type="checkbox"/> Raingear | <input type="checkbox"/> |

Toiletries

- | Packed | Brought Home |
|--|--------------------------|
| <input type="checkbox"/> Shampoo | <input type="checkbox"/> |
| <input type="checkbox"/> Soap | <input type="checkbox"/> |
| <input type="checkbox"/> Toothpaste & Toothbrush | <input type="checkbox"/> |
| <input type="checkbox"/> 2 Towels | <input type="checkbox"/> |
| <input type="checkbox"/> Beach Towel | <input type="checkbox"/> |
| <input type="checkbox"/> Washcloths | <input type="checkbox"/> |
| <input type="checkbox"/> Laundry Bag | <input type="checkbox"/> |
| <input type="checkbox"/> Insect Repellent | <input type="checkbox"/> |
| <input type="checkbox"/> Sunscreen | <input type="checkbox"/> |
| <input type="checkbox"/> Sunglasses | <input type="checkbox"/> |
| <input type="checkbox"/> Water Bottle | <input type="checkbox"/> |



Recommended Items

- | Packed | Brought Home |
|---|--------------------------|
| <input type="checkbox"/> Personal Bible | <input type="checkbox"/> |
| <input type="checkbox"/> Stationary / Envelopes / Stamps | <input type="checkbox"/> |
| <input type="checkbox"/> Flashlights | <input type="checkbox"/> |
| <input type="checkbox"/> Camera /Film (disposable type is best) | <input type="checkbox"/> |
| <input type="checkbox"/> Stuffed Animal | <input type="checkbox"/> |
| <input type="checkbox"/> Book for pleasure reading | <input type="checkbox"/> |
| <input type="checkbox"/> Hats and Gloves | <input type="checkbox"/> |
| <input type="checkbox"/> Spending money for the Camp Store | <input type="checkbox"/> |

Please refer to the welcome letter sent by your Camp Dean for any specific items needed for your scheduled camp program.

Please DO NOT Bring These Items
Knives / Weapons / Tobacco / Drugs
Pets / Sporting Equipment

Please consider not bringing the following:

*Technology Devices including Cell Phones, Electronic Games, MP3 Players
(Cell Phone and Internet Services are extremely limited at Lake Louise)*

Food / Candy / Snacks

In consideration of other campers' food allergies, please do not bring any items processed or manufactured in facilities with peanuts or tree nuts



Medications

All medications **MUST** be given to the Health Officer at time of check-in. All medications must be in original container. All medication will be returned at the end of the stay.