

CHILD'S NAME: \_\_\_\_\_ Summer Camp Session: \_\_\_\_\_

## LAKE LOUISE SUMMER CAMP: ASTHMA FORM

**Please attach this completed form to your child's health form.**

We want your child to receive appropriate care and support for their asthma while attending our programs.  
Contact our Office at 231.549.2728 with any questions or concerns.

### ASTHMA EXPECTATIONS

The Lake Louise Summer Camp programs take place in the outdoors. Your child will be exposed to trees, grass, dust, pollens, molds, insects and other environmental factors. The closest hospital, Munson Healthcare Otsego Memorial Hospital in Gaylord, MI is approximately 20 minutes away.

It is our expectation that your child is capable of self-managing their asthma: knowing when to amend their activity level, when to use their rescue inhaler and when to seek help. We expect your child to carry their as needed rescue inhaler (Ventolin, Albuterol, Pro Air, etc.) on their person, while at camp. All other asthma medications will be stored and administered at our Health Center.

### ASTHMA TRIGGERS

Please list what triggers your child's asthma. Any details that would be helpful for our staff to know are appreciated.

### ASTHMA MEDICATIONS

Please list all routine and emergency asthma medication your child will bring to camp in the MEDICATION INFORMATION section of your child's health form. Send all medication in its original prescription container and label with your child's full name.

### PEAK FLOW METER

Does your child use a peak flow meter?  Yes\*  No \*If yes, please give details below.

When does your child take peak flow readings?  Breakfast  Lunch  Dinner  Bedtime  Other

Green Range (personal best):

Yellow Range (cautionary):

Red Range (dangerous):

Treatment/Action Plan for Yellow and Red Ranges:

### NEBULIZER

Does your child use a nebulizer?  Yes\*, routinely  Yes\*, only if needed  No

\*If yes, we have nebulizer machines located at our Health Center. Please send your child's medication and nebulizer tubing.  
We expect your child to know when they're in need of a nebulizer treatment.

### COMMUNICATION AND TREATMENT PROTOCOL

For early asthma distress:

Child will self-administer their personal inhaler.  
If unavailable, staff will administer 1-2 puffs of camp's albuterol inhaler.

For acute asthma attack:

Administer child's medication, personal inhaler and/or nebulizer.  
If unavailable, staff will administer 1-2 puffs of camp's albuterol inhaler and/or 1-2 vials albuterol sulfate via camp's nebulizer.  
If they do not improve with treatment, contact EMS and parent/guardians.

To follow a different protocol, have your physician write the protocol and sign below. Attach additional information as needed.

**Physician Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Please provide any other information you would like us to know about your child's asthma care:

Parent/Guardian Name

Relationship to Child

Phone Number

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_